

REMOTE ENERGY WORK EXPLAINED

BY: TRACY W. SOUTHWICK, MBSRTM DEVELOPER, ND, HHP, AMP

It is becoming more and more common for health practitioners to work with clients on a virtual platform. This is a great advancement because it allows for patients and clients to have access to a much broader range of practitioners from which to choose. Sessions might be done via a telehealth platform, Zoom, FaceTime or even over the phone between people on different continents or in the same town, saving time and offering more convenience for all parties.

In the realm of energy work, many people wonder how this kind of remote work can be effective, or simply how it might work. The first thing to understand about energy work in general is that we are made up of 99.9999% energy and only 0.00001% matter. As far-fetched as this sounds, think about it from the standpoint of an atom, from which we are built. When you extrapolate the composition of the atom out to our entire being, we are essentially all energy. Doesn't it make more sense to put resources into balancing or shifting the 99.9999% rather than the 0.00001% that makes up our beings?

Further to that concept, remote energy work is based in Quantum Physics, and specifically on the Principle of Non-Locality (PNL), whereas we are all connected via something called the Unified Field. The PNL was discovered in 1982 and explains how, once particles (such as electrons) come in contact with each other, they maintain an ability to influence each other with no visible exchange of energy, force or distance. This is done through The Unified Field, in which we are all inextricably connected. This field is often called the etheric field or the Divine Matrix, and it is an invisible force that connects us all.

When your Mind Body Spirit Release[®] practitioner is using these concepts to tap into your energetic field, you might liken it to dialing someone's cell phone. Once you have the correct number, you can call him/her directly. Likewise, once you have a person's energetic signature, you can tap into that person's individual field regardless of the distance. Your practitioner connects with that individual energetic signature by having had contact with the person via their physical body, image/hologram/video or voice.

Remote energy work, especially Mind Body Spirit Release[®], is a great method to support your energetic body in a truly holistic way, working with the flow system of the body and tapping into its innate ability to heal.